I am a narrator who uses video to share personal stories, including my own. I create non-linear visual essays. I use video as a tool to teach and imagine different realities.

I use tension to create balance. The overarching tension in my work is between the personal and the communal- understanding how they influence each other and learning to walk on the border between them. How they overlap in my work reflects how they overlap in my life.

I have seen films that have changed the way I move through the world. Sharing and listening to stories impacts how we interpret the people and places around us. I make these films to help me more fully understand the communities around me. I share these films to help others more fully understand the communities around them.